Resources/Mental Health Providers for WCSU

Woodstock Area

**Bill Ballantyne, PsyD** 802-296-1211; The Mill – Maxham Meadow Way, Woodstock, VT  [www.drballantyne.com](http://www.drballantyne.com)

*General Psychological Services for Adults and Adolescents, Individual Psychotherapy for Anxiety, Depression, Life Transition Issues, Trauma and PTSD, Marriage/Relationship Therapy. Most insurances accepted.

**Courtney “Corkey” Bohen, MSW, LICSW** 802-356-1478; 516 Mill Road #3A, White River Junction, VT  *Child, Adolescent, Adult, and Family.  [corkybohen@gmail.com](mailto:corkybohen@gmail.com) Office in Woodstock 2 days/week. Depression, anxiety, trauma, relationships, addictions, adoption, and parenting. VT/NH Medicaid, Medicare, BCBS, Magellan, MVP, Cigna and others.

**Karen Chalom, LICSW** 802-457-6191; Simmons House, 32 Pleasant St., Woodstock, VT  *Child, Adolescent, Adult, Trauma and PTSD, Mood Disorders. Many insurances accepted.

**Ben Fox – Expressive Arts Therapist** @Artistree in Pomfret, VT  802-779-1524

**Alison Hunt, LCMHC, ATR** 802-989-9478;  [a.hunt.art@gmail.com](mailto:a.hunt.art@gmail.com)

**DJ Jesser, LICSW** 802-345-5637; Taftsville, VT; Equine Therapy, Artistree  [jessermrf@gmail.com](mailto:jessermrf@gmail.com)

**Caleb Shepherd, LICSW** 802-778-0941; 32 Pleasant St., Woodstock, VT  [caleb.shepherd.licsw@gmail.com](mailto:caleb.shepherd.licsw@gmail.com)

*ADHD, Coping Skills, Depression, Divorce, Emotional Disturbance, Family Conflict, Grief, Parent Support, Gay/Lesbian issues, most insurances accepted.

**Eleanor Lowenthal, MA, LMFT** 802-490-1535; 32 Pleasant St., Woodstock, VT  *Couples, families, individuals. Parent support and training. Most insurances accepted.

**Jacqueline Overstreet, MA** 802-332-3352;  [Jacqueline.Overstreet@gmail.com](mailto:Jacqueline.Overstreet@gmail.com) @Artistree in Pomfret, VT  [www.jacquelineoverstreet.com](http://www.jacquelineoverstreet.com)

**Dalene Washburn, LICSW** 802-457-3084; 32 Pleasant Street, Woodstock, VT  *Child and Family Therapy, most insurances accepted.
Suzi Whitehurst, MA  802-356-0556;  blueskyadventure@aol.com  No insurance. Will work on sliding scale. Works with children, adolescents; family issues, learning disabilities, trauma.

Judy Williamson, MA, LCMHC  802-457-3302; 19 Central Street, Woodstock, VT  *Children

White River Junction Area

Courtney “Corkey” Bohen, MSW, LICSW  802-356-1478; 516 Mill Road/#3A, White River Junction, VT  *Child, Adolescent, Adult, and Family.  corkybohen@gmail.com  Holistic/empathetic therapy. Depression, anxiety, trauma, relationships, addictions, adoption, and parenting.  VT/NH Medicaid, Medicare, BCBS, Magellan, MVP, Cigna and others.

Ariel Cahn-Flores, LICSW  802-299-7895; 2458 Christian St. Ste 202, White River Junction, VT  *Individual, family, group counseling and therapy for children, teens, and adults covering a range of issues including but not limited to; depression, anxiety, relationships, grief and loss, pregnancy, postpartum depression.  Most insurances accepted.

Peter Collier, MSW, LICSW  802-649-8925; 144 Palmer Ct. #5, White River Junction  *Child, adolescent, adult, couples and family therapy. Specializes in treatment of addictions, anxiety, depression, and relationship issues. Some private insurance, self-payment; sliding scale fee available on a limited basis.

Sharon Goodkoep, LICSW, PLLC  802-444-0718; Dothan Brook Associates, 2458 Christian St., Ste. 214, Wilder, VT  *Pre-teens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+), Individuals, Family, Group
**Rutland Area**

**David Allen, LADC** 802-747-7030, 51 Merchants Row, Rutland, VT 05701; Substance Abuse, Anger Management, BCBS, Cigna, Medicare, MVP, TriCare, Other

**Doug Andrews, MS** 802-775-6509, 14 Wales Street, Rutland, VT 05701; Families, Trauma Resolution; BCBS, Medicaid, Other

**Marc Cecil, PhD** 802-773-3616, 65 N. Main Street, Rutland, VT 05701; Trauma, Transitions, Family; BCBS, Cigna, Other

**Windsor Area**

**Ronald Cepetelli, MSW, LICSW** 802-356-3388; 2975 Rte. 44, Brownsville, VT and Windsor Connection Resource Center, 1 Railroad Plaza, Windsor

*Adolescent, Adult, Elderly, Couples, Group. Most insurances accepted including Medicare/Medicaid

**HCRS** 802-463-3294

**Deb Harrison, LICSW** 802-226-7900 dharrisonlcsw@gmail.com Cavendish, VT

**Mount Ascutney Hospital** 802-674-6711
**Other Resources**

802 Quits: Quitting Tobacco Resources;  [http://802quits.org/](http://802quits.org/)

AA (Alcoholics Anonymous):  [http://www.aavt.org/meetings/district5.html](http://www.aavt.org/meetings/district5.html)  
802-457-3500

Alateen & Alanon:  [www.vermontalanonalateen.org](http://www.vermontalanonalateen.org)  
1-866-972-5266

Artistree:  [https://artistreevt.org/](https://artistreevt.org/)  
802-457-3500

At Wit's End:  Substance Abuse support for parents, families, and friends.  
802-775-0402

BAYADA Bereavement Group:  Support for those who are grieving the loss of a loved one.  
802-282-4122

Brattleboro Retreat:  [https://www.brattlebororetreat.org/](https://www.brattlebororetreat.org/)  
802-257-7785

Circle formerly Battered Women's Services and Shelter:  [https://pcavt.org/](http://www.pcadvt.org/)  
1-800-CHILDREN

Clara Martin Center:  [http://www.claramartin.org/](http://www.claramartin.org/)  11 Main St., Randolph  
802-728-4466  
*Wide range of services and programs; community mental health agency.

Compassionate Friends; for bereaved parents.  
802-446-2278

Confidential Online Alcohol Screener:  [http://www.alcoholscreening.org/Home.aspx](http://www.alcoholscreening.org/Home.aspx)

Dartmouth Hitchcock Medical Center:  [http://www.dartmouth-hitchcock.org/](http://www.dartmouth-hitchcock.org/)  
603-650-5000

*Psychological and neurological services for children, adults, and families.

1-800-769-2798, 229-6103

802-886-4500

HCRS: Hartford  
802-295-3031  
Emergency:  [800-6224235](tel:800-6224235)

802-457-3030

NAMI (National Alliance on Mental Illness); Support group, resources.  [http://namivt.org/](http://namivt.org/)  800-639-6480

National Association for Children of Alcoholics:  [https://nacoa.org/](https://nacoa.org/)

**Outright Vermont:** To build safe, healthy and supportive environments for gay, lesbian, bisexual, transgender, questioning youth ages 13-22. Resources, educational services, support. 802-865-9677  [http://www.outrightvt.org/](http://www.outrightvt.org/)

**Parent Resources for Alcohol and Substance Use of their Children:** ParentUp for VT:  [http://parentupvt.org/](http://parentupvt.org/)

**Partnership for Drug-Free Kids:**  [https://drugfree.org/resources/](https://drugfree.org/resources/)

Rutland Mental Health:  [https://www.rmhsccn.org/](https://www.rmhsccn.org/)  802-775-2381

Provides treatment, counseling, and recovery services to young people and families struggling with addiction and substance misuse. Assessments, Urine Screenings.

Recovery support services, education and advocacy. Adolescent groups.

Self-Injury:  [https://selfinjury.com/](https://selfinjury.com/)

Signs and Symptoms of Sexual Abuse:  [https://www.parentsprotect.co.uk/warning_signs.htm](https://www.parentsprotect.co.uk/warning_signs.htm)


To Report an Underage Drinking Party (adults or students) before it happens or during:  
1-866-833-6873 (1-866-TEEN-USE) or Text-A-Tip: 802-296-1746

Turning Point Recovery Center:  [https://spfldturningpoint.squarespace.com/](https://spfldturningpoint.squarespace.com/)  802-885-4668


Adolescent and adult substance abuse/use inpatient treatment programs; alcohol or drug addiction. Most insurances accepted.
Vermont 2-1-1: Dial 2-1-1 to get information about thousands of resources across Vermont or visit;  
http://www.vermont211.org/

Vermont Alcohol and Drug Abuse Network of Programs and Services:  
http://www.healthvermont.gov/alcohol-drugs/services

Vermont Family Network  
Variety of resources offered.  
1-800-800-4005

Vermont Network Against Domestic and Sexual Violence:  
https://vtnetwork.org/

Vermont Suicide Prevention Center:  
http://vtspc.org/contact/

Vermont Suicide Prevention Center:  
http://vtspc.org/  
802-254-6590  
In Crisis? Text VT to 741741

Vermont Youth Risk Behavior Survey:  

Windsor County Youth Services:  
http://www.wcysvt.org/  
802-298-6880

WISE Upper Valley, Domestic Violence, Sexual Assault, & Stalking: 1-866-348-9473  
http://www.wiseuv.org/
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