Resources/Mental Health Providers for WCSU

Woodstock Area

*General Psychological Services for Adults and Adolescents, Individual Psychotherapy for Anxiety, Depression, Life Transition Issues, Trauma and PTSD, Marriage/Relationship Therapy. Most insurances are accepted.

Karen Chalom, LICSW 802-457-6191; Simmons House, 32 Pleasant St., Woodstock, VT
*Child, Adolescent, Adult, Trauma and PTSD, Mood Disorders. Many insurances are accepted.

Ben Fox – Expressive Arts Therapist @Artistree in Pomfret, VT 802-779-1524

DJ Jesser, LICSW 802-345-5637; Taftsville, VT; Equine Therapy, Artistree [jessermrf@gmail.com](mailto:jessermrf@gmail.com)

Caleb Shepherd, LICSW 802-778-0941; 32 Pleasant St., Woodstock, VT
[caleb.shepherd.licsw@gmail.com](mailto:caleb.shepherd.licsw@gmail.com)
*ADHD, Coping Skills, Depression, Divorce, Emotional Disturbance, Family Conflict, Grief, Parent Support, Gay/Lesbian issues, most insurances accepted.

Eleanor Lowenthal, MA, LMFT 802-333-0340; 45 Lyme Rd. Hanover, NH (formerly VT)
*Couples, families, individuals. Parent support and training. Most insurances are accepted.

Jacqueline Overstreet, MA 802-356-2565; Jacqueline.overstreet@gmail.com @Artistree in Pomfret, VT [www.jacquelineoverstreet.com](http://www.jacquelineoverstreet.com)

Dalene Washburn, LICSW 802-291-5319; 32 Pleasant Street, Woodstock, VT
*Child and Family Therapy, most insurances accepted.

Suzi Whitehurst, MA 802-356-0556; blueskyadventure@aol.com No insurance. Will work on a sliding scale. Works with children, adolescents; family issues, learning disabilities, trauma.

Judy Williamson, MA, LCMHC 802-457-3302; 19 Central Street, Woodstock, VT *Children
White River Junction/Norwich Area

Annette Kennedy, PsyD 781-990-6236, 16 Beaver Meadow Rd., Norwich, VT annetteken@gmail.com Experience with trans, queer, gay, lesbian clients and parents of gay and lesbian youth. Specializes in relationship issues, grief and loss, Asperger’s Syndrome, anxiety, and depression. Works with teens 13+, young adults, adults.


Courtney “Corkey” Bohen, MSW, LICSW 802-356-1478; 516 Mill Road#3A, White River Junction, VT *Child, Adolescent, Adult, and Family. corkybohen@gmail.com Holistic/empathetic therapy. Depression, anxiety, trauma, relationships, addictions, adoption, and parenting. VT/NH Medicaid, Medicare, BCBS, Magellan, MVP, Cigna and others.

Ariel Cahn-Flores, LICSW 802-466-4181; 2458 205 Billings Farm Road, White River Junction, VT *Individual, family, group counseling and therapy for children, teens, and adults covering a range of issues including but not limited to; depression, anxiety, relationships, grief and loss, pregnancy, postpartum depression. Most insurances are accepted.

Peter Collier, MSW, LICSW 802-649-8925; 144 Palmer Ct. #5, White River Junction *Child, adolescent, adult, couples and family therapy. Specializes in treatment of addictions, anxiety, depression, and relationship issues. Some private insurance, self-payment; sliding scale fee available on a limited basis.

Sharon Goodkoep, LICSW, PLLC 802-444-0718; Dothan Brook Associates, 2458 Christian St., Ste. 214, Wilder, VT *Pre-teens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+), Individuals, Family, Group

Rutland Area

David Allen, LADC 802-747-7030, 51 Merchants Row, Rutland, VT 05701; Substance Abuse, Anger Management, BCBS, Cigna, Medicare, MVP, TriCare, Other

Denise Stockwell, 802-775-4388, Rutland Mental Health, 7 Court Square, Rutland, VT 05701

Doug Andrews, MS 802-775-6509, 24 Wales Street, Rutland, VT 05701; Families, Trauma Resolution; BCBS, Medicaid, Other

Gabrielle Hayward, MS 508-280-7282, Creative Wellness, 1 Scale Avenue, Rutland, VT 05701

Marc Cecil, PhD 802-773-3616, 65 N. Main Street, Rutland, VT 05701; Trauma, Transitions, Family; BCBS, Cigna, Other

Windsor Area

Ronald Ceppetelli, MSW, LICSW 802-674-7093; 289 County Road, Windsor
*Adolescent, Adult, Elderly, Couples, Group. Most insurances accepted including Medicare/Medicaid

HCRS 802-463-3294

Deb Harrison, LICSW 802-226-7900 dharrisonlcsw@gmail.com Cavendish, VT
Experience with queer, gay, lesbian, and bisexual clients. Specializes in depression, anxiety, trauma, substance abuse/dependency, family work, relationships. Works with 8+, teens, young adults, families. Accepts most insurances, has sliding scale.

Mount Ascutney Hospital 802-674-6711
Other Resources

802 Quits: Quitting Tobacco Resources; 802Quits You Can Quit. We Can Help. https://802quits.org/


Alateen & Alanon: www.vermontalanonalateen.org 1-866-972-5266

Artistree: https://artistreevt.org/ 802-457-3500

At Wit’s End: Substance Abuse support for parents, families, and friends. 802-295-5206

BAYADA Bereavement Group: Support for those who are grieving the loss of a loved one. 802-282-4122

Brattleboro Retreat: Brattleboro Retreat: Home 802-258-3737 or 1-800-RETREAT https://www.brattlebororetreat.org/

Circle formerly Battered Women's Services and Shelter: Prevent Child Abuse Vermont 1-800-CHILDREN https://www.pcavt.org/

Clara Martin Center: http://www.claramartin.org/ 11 Main St., Randolph 802-728-4466 *Wide range of services and programs; community mental health agency. 800-639-6360


Friends of Recovery: Recovery Vermont: Home 1-800-769-2798, 229-6103 https://recoveryvermont.org/

HCRS: Health Care & Rehabilitation Services: HCRS: Health Care & Rehabilitation Services of Vermont Springfield 802-886-4500 https://www.hcrs.org/

HCRS: Hartford 802-886-4500 Emergency: 800-622-4235

Ottauquechee Health Center: https://www.mtascutneyhospital.org/locations-directions/ottauquechee-health-center 802-457-3030


National Association for Children of Alcoholics: Home - Nacoa https://nacoa.org/

Outright Vermont: To build safe, healthy and supportive environments for gay, lesbian, bisexual, transgender, questioning youth ages 13-22. Resources, educational services, support. 802-865-9677

Outright Vermont: Home https://www.outrightvt.org/

Parent Resources for Alcohol and Substance Use of their Children: ParentUp for VT: http://parentupvt.org/


Rutland Mental Health: Community Care Network | Rutland Mental Health | Rutland Community Programs 802-775-2381 https://www.rmhsccn.org/


Self-Injury: https://selfinjury.com/

Signs and Symptoms of Sexual Abuse: https://www.stopitnow.org/ohc-content/warning-signs-possible-abuse

Signs and Symptoms of Substance Abuse: https://www.phoenixhouse.org/prevention/signs-and-symptoms-of-substance-abuse/

To Report an Underage Drinking Party (adults or students) before it happens or during: 1-866-833-6873 (1-866-TEEN-USE) or Text-A-Tip 802-296-1746

Turning Point Recovery Center: https://spfldturningpoint.squarespace.com/ 802-885-4668

Valley Vista: [Valley Vista – Addiction Treatment to Advance Recovery](https://vvista.net/) 802-222-5201 Adolescent and adult substance abuse/use inpatient treatment programs; alcohol or drug addiction. Most insurances are accepted.

Vermont 2-1-1: Dial 2-1-1 to get information about thousands of resources across Vermont or visit; [https://www.vermont211.org/](https://www.vermont211.org/)

Vermont Alcohol and Drug Abuse Network of Programs and Services: [https://www.healthvermont.gov/alcohol-drugs/services Programs & Services](https://www.healthvermont.gov/alcohol-drugs/services)

Vermont Family Network 1-800-800-4005 Variety of resources offered. [https://www.vermontfamilynetwork.org/](https://www.vermontfamilynetwork.org/)

Vermont Network Against Domestic and Sexual Violence: [Vermont Network – Vermont Network Against Domestic & Sexual Violence (VNADSV)](https://www.vtnetwork.org/) 802-223-1302

Vermont Suicide Prevention Center: [Vermont Suicide Prevention Center | VTSPC](https://vtspc.org/) 802-254-6590 In Crisis? Text VT to 741741 [https://vtspc.org/](https://vtspc.org/)


Windsor County Youth Services: [Windsor County Youth Services](https://vcrhyp.org/windsor-county-youth-services-wcys.html) 802-298-6880 or 802-229-9151

WISE Upper Valley, Domestic Violence, Sexual Assault, & Stalking: 1-866-348-9473 [WISE – Share Hope | Change Lives](https://wiseuv.org/) 603-448-5922

Revised 09-16-2021